

CULTURAL CALENDAR



An Art Collector Sleeping In His Hotel Room, Justin Loke, 2024

AT OUR DOORSTEP

This August, we step past the grand narratives to look closer at what lies right outside our doors—the shared corridors, late-night fluorescent streets, and quiet domestic rituals that shape daily life. Exploring the unknown isn't always about looking away; sometimes, it's simply about noticing the extraordinary textures of the everyday.

We begin the month with flavours of our locale in **KOPITIAM COCKTAIL BAR**. For two weeks only, come revel as our bartenders guide members through Singaporean-inspired cocktails paired with bar bites crafted after your favourite hawker classics.

The through-line in our homegrown celebrations continues with **FROM OUT TO IN**. Join us for the launch of SQ21: Families, the sequel to the seminal LGBTQIA+ biography SQ21, as panelists reflect on two decades of queer progress. In the spirit of play, we invite members to **THE ART OF CHERKI** to discover Peranakan culture through the centuries-old traditional card game.

We invite members to probe deeper in discussions like **CAN A MACHINE TRULY CARE?** A slate of panelists and fellow members dissect the intersection of psychology and generative AI. In **HOW GENERATIONS RESHAPE WORK**, we explore shifting expectations around work and whether generational differences are creating stronger businesses or widening the divide.

On the professional front, our Women In Business committee gathers for **NEGOTIATING THE SALARY YOU DESERVE** as we tackle the disconnect between effort and worth. Meanwhile, fellow member Kristina Gazi's second neuroencoding experience takes form in **OVERCOMING THE FEAR OF VISIBILITY** to rewire the fear of being seen and stepping into our identities.

Breathing levity into August's calendar, we turn to the next edition of **SIP & DRAW**, hosted by member Dawn Koh, as we invite guests to let the wine guide your lines in an atmosphere designed for curiosity. **PITCH A FRIEND** also returns, hosted by Belinda Betz, for a hilarious night of high-stakes matchmaking.

The month closes with some of the Club's best curated epicurean experiences. We kick off with our one-day-only celebration of the humble summer tomato in **LA TOMATINA** with three custom, tomato-forward cocktails paired with a carefully crafted culinary menu. While **WINE & DINE: MASTROBERARDINO** invites members to journey through Southern Italy with an intimate five-course wine dinner, hosted by Giovanni Oliva. Lastly, **THE BIG BAD BRUNCH CLUB GOES LOCAL** turns our monthly decadent brunch affair on its head and pays tribute to the revered palates of Singapore.

— Mandala Club



KOPITIAM COCKTAIL BAR

KOPITIAM COCKTAIL BAR

3 – 14 August | 7.00PM – 10.00PM

Immerse yourself in the spirit of the *kopitiam*. Sip your way through a curated menu of cocktails inspired by local flavours as our bartender turned kopi-auntie takes you through a sensory journey of the nostalgic flavours behind the pour alongside hawker-style bites.



NEGOTIATING THE SALARY YOU DESERVE

Wed, 5 August | 6.30PM – 8.30PM

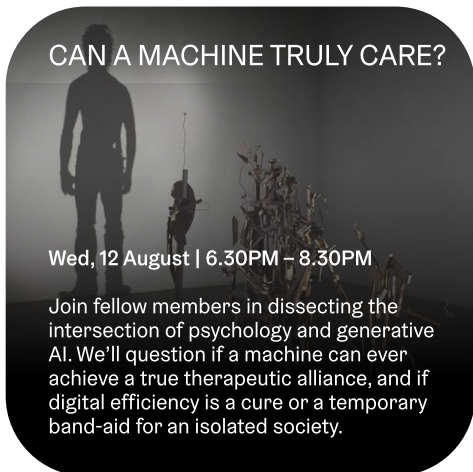
Most women will tell you they work hard and deliver. Far fewer feel ready to ask for what that's worth. Since negotiation is a skill rarely taught, the Women in Business committee invited Roy Tan to change that.



FROM OUT TO IN

Tue, 11 August | 6.30PM – 8.30PM

In 2006, SQ21: Singapore Queers in the 21st Century broke ground for local LGBTQ+ visibility. Join us for the launch of its sequel, SQ21: Singapore Queer Families, to reflect on two decades of progress and shifting landscapes.



CAN A MACHINE TRULY CARE?

Wed, 12 August | 6.30PM – 8.30PM

Join fellow members in dissecting the intersection of psychology and generative AI. We'll question if a machine can ever achieve a true therapeutic alliance, and if digital efficiency is a cure or a temporary band-aid for an isolated society.



SIP & DRAW

Wed, 12 August | 6.30PM – 8.30PM

Join us for another Sip & Draw, where members become artists. Over drinks and conversation, let the wine guide your lines in a collaborative atmosphere designed for curiosity. No experience required.



OVERCOMING THE FEAR OF VISIBILITY

Wed, 19 August | 6.30PM – 8.30PM

Join fellow member Kristina Gazi for a live neuroencoding experience to rewire the fear of being seen and step into the identity that's ready to be visible. Uncover hidden beliefs, reframe fear, and build presenter confidence.



PITCH A FRIEND

Wed, 19 Aug | 7.00PM – 9.30PM

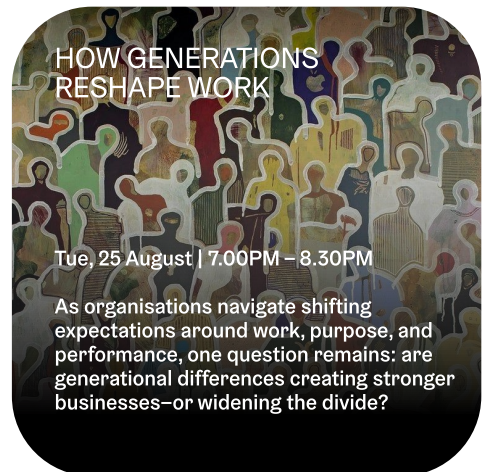
Pitch your friend, find a match, or just enjoy the chaos. Forget apps—your friends know your type best. Hosted by Belinda Betz, we're bringing back the wingman for hilarious, high-stakes matchmaking.



THE ART OF CHERKI

Thu, 20 August | 7.00PM – 9.00PM

Discover Peranakan culture through Cherki, a centuries-old traditional card game. This workshop introduces the game's history, cultural significance, and core rules, offering a unique glimpse into Singapore's enduring heritage.



HOW GENERATIONS RESHAPE WORK

Tue, 25 August | 7.00PM – 8.30PM

As organisations navigate shifting expectations around work, purpose, and performance, one question remains: are generational differences creating stronger businesses—or widening the divide?



LA TOMATINA

Wed, 26 August | 12.00PM – 10.00PM

We're bringing Spain's chaotic La Tomatina festival to the Club through food and drink. For one day only, we're elevating the humble summer tomato into a multi-sensory culinary riot with tomato-forward cocktails and a full menu to boot.



WINE & DINE: MASTROBERARDINO

Wed, 26 August | 6.30PM – 8.00PM

Journey through Southern Italy with an intimate five-course Mastroberardino wine dinner. Hosted by Giovanni Oliva, enjoy exceptional wines thoughtfully paired with a menu by Mandala Club's culinary team.



THE BIG BAD BRUNCH CLUB GOES LOCAL

Sat, 29 August | 12.00PM – 3.00PM

In this special edition, we pay homage to Singapore's greatest pastime: eating. Expect familiar local flavours served with abundance. On the menu: indulgent lobster Hokkien mee, roaming kueh pie tee trolleys, seafood on ice and more.



This August, POPI'S puts a local spin on its monthly Power Lunch, serving up familiar Singaporean flavours through a menu designed for productive meetings or long lunch breaks.

Begin with crispy Har Cheong Gai, delicately cured Tuna Crudo or a vibrant Gado Gado Salad. For mains, choose between a sweet and spicy Sambal Seabass, Sweet & Sour Pork, or comforting Claypot Tofu.

Available Mon to Fri | 12PM – 2.30PM



For one night only, the mic is your ticket to a Singapore Sling.

From 9PM – 10PM, step up for a song and enjoy your Sling at half off. Whether you're belting out power ballads, reliving your favourite throwbacks, or rallying your friends for a group singalong, come for the cocktails and stay for the encore.

Tuesday, 18th August | 9PM – 10PM

YOUR WEEK AT THE MEMBERS BAR

MONDAYS, 5PM – 10PM

Burgers & Burgundy

Indulge in a Wagyu Beef Burger and a glass of burgundy to start the week right. 38 per set.



TUESDAYS, 5PM – 10PM

Taco Tuesday

Best enjoyed folded, filled, and finished with a margarita. 12 each.



WEDNESDAYS, 5PM – 8PM

Oyster O'Clock

The early bird gets the oyster. Starting at 3 each.



WEDNESDAYS, 6PM – 7PM

Goosebumps

Down the hatch. A frozen Grey Goose vodka shot paired with a bump of caviar. 25 each.



BOOK YOUR TABLE ON THE MEMBER APP.



THURSDAYS, 6PM – 7PM

BRUSCHETTA TROLLEY

Bruschetta served tableside, built just the way you like it. 5 each.



THURSDAYS, 7PM – 8PM

Champagne Hour

Settle in for the evening with an hour of free-flow bubbly alongside a soundtrack built for Thursday nights. 38 per person.



FRIDAYS, 5PM – 6PM

Aperitivo Hour

Sip on complimentary boozy slushies, with a new flavour every week.



SATURDAYS, 5PM – 10PM

CLINK! CLINK!

Saturday's calling. It knows exactly what you want. 100 per bottle of Moët & Chandon. (Originally 190).



SUNDAYS, 12PM – 3PM

SUNDAY Family Lunch

Sundays made easy with a delicious and comforting roast. Kids eat free and keep busy with activities.



CLASS SCHEDULE
The Grit Grid

MON	TUE	WED	THU	FRI
FULL BODY STRENGTH Sean 8.30 AM – 9.15 AM	UPPER STRENGTH Sean 8.15 AM – 9.00 AM	UPPER STRENGTH Sean 7.30 AM – 8.15 AM	HATHA Vanessa 9.00 AM – 10.00 AM	UPPER STRENGTH Sean 9.00 AM – 9.45 AM
UPPER STRENGTH Darren 12.00 PM – 12.45 PM	CARDIO Sean 11.15 AM – 11.45 AM	CARDIO Sean 8.30 AM – 9.00 AM	LOWER STRENGTH Darren 11.15 AM – 12.00 PM	MOBILITY Sean 12.00 PM – 12.30 PM
MOBILITY Darren 4.30 PM – 5.00 PM	LOWER STRENGTH Sean 12.00 PM – 12.45 PM	MOBILITY Darren 12.00 PM – 12.30 PM	CARDIO Darren 12.15 PM – 12.45 PM	SAT YIN YOGA Cony 9.00 AM – 10.00 AM
VINYASA Kysha 6.00 PM – 7.00 PM		POWER YOGA Kysha 6.30 PM – 7.30 PM	FULL BODY STRENGTH Darren 6.30 PM – 7.15 PM	
			VINYASA Cony 7.30 PM – 8.30 PM	The Gym at Mandala Club Monday - Friday: 7am - 9pm Saturday: 8am - 6pm Sunday: 12pm - 5pm Public Holiday: 12pm - 9pm (classes maintain same timings)

Legend

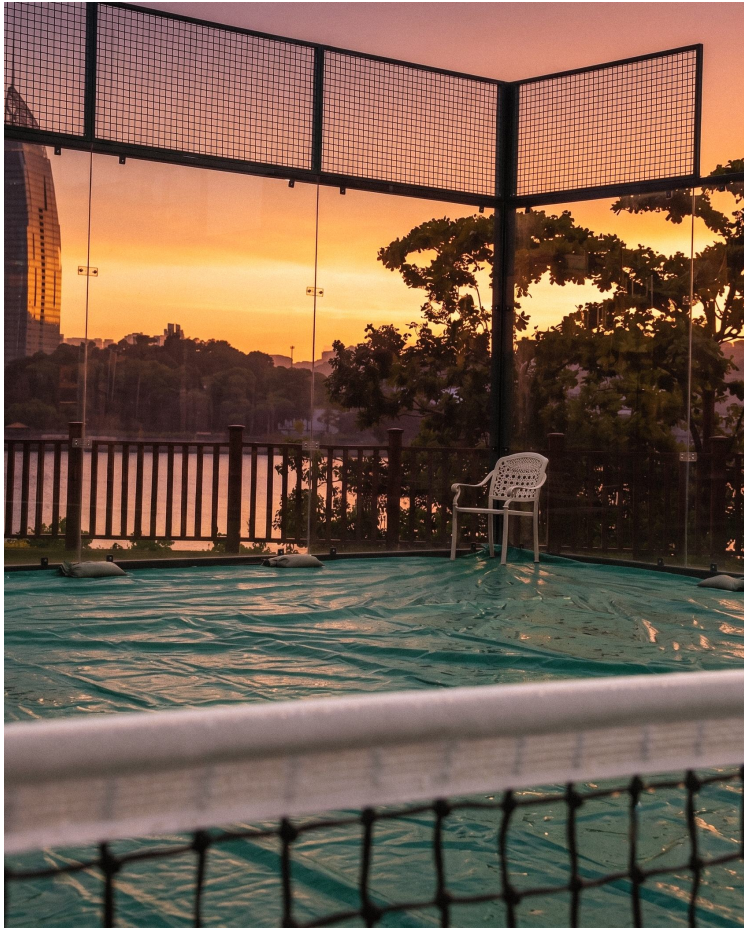
Strength

Cardio

Mobility

Yoga

PADEL WITH A VIEW



The outdoor grounds of Mandala Racquet Club welcomes members to experience the sunny side of your Sentosa home.

Rally by the water, soak in the views, and enjoy a new way to play.

Court bookings now open on Playtomic.

—

BOOK NOW

EVERYTHING YOU NEED TO KNOW
ABOUT MANDALA RACQUET CLUB